



Saudi Licensing Examinations

Sports Medicine Blueprint

Blueprint outlines

Evaluation Item	Sections	Percentage (%)
(150 MCQs, 3 hours)	1. Applied Anatomy	13%
	2. Exercise Physiology	13%
	3. Kinesiology	12%
	4. Electrotherapy	6%
	5. Advanced Sports Injury Assessment	20%
	6. Treatment for Sports Injuries	18%
	7. Medical Taping Techniques	6%
	8. Nutrition and Sports Performance	6%
	9. Sports Psychology	6%
Total		100%

Note:

- Test specifications and content have been reviewed and updated, therefore pass rates are adjusted accordingly.

Passing Score: 65%

This applies for any test conducted as of 13th June 2022 and beyond.

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.



References:

1. Ackland, Elliot, Bloomfield. Applied Anatomy and Biomechanics in Sports; Human Kinetics
2. Wilmore, Costill, Kenny. Physiology of Sport and Exercise; Human Kinetics
3. Carol Oatis. Kinesiology: The Mechanics and Pathomechanics of Human Movement; Lippincott Williams and Wilkins
4. Manore, Meyer, Thompson. Sport Nutrition for Health and Performance; Human Kinetics
5. David Reid. Sports Injury Assessment and Rehabilitation; W.B. Saunders Company
6. Robertson, Ward, Low, Reed. Electrotherapy Explained: Principles and Practice; Butterworth-Heinemann
7. Cox. Sport Psychology: Concepts and Applications; McGraw-Hill
8. Macdonald. Taping Techniques: Principles and Practice; Butterworth-Heinemann
9. Buschbacher, Prahlow, Dave. Sports Medicine and Rehabilitation: A Sports Specific Approach; Lippincott Williams and Wilkins

Note:

- This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.