



## Saudi Licensing Examinations

### Clinical Nutrition Blueprint

#### Blueprint outlines

Evaluation Item	Sections	Percentage (%)
(150 MCQs, 3 hours)	1. Fundamental of Dietetics, Food Management and Services	12%
	2. Obesity	12%
	3. Cardiovascular Diseases	10%
	4. Diabetes Mellitus	12%
	5. Renal Diseases	8%
	6. Gastro-Intestinal Diseases	8%
	7. Genetic Metabolic Disorders	5%
	8. Inflammatory Diseases and Cancer	5%
	9. Nutrition Support	5%
	10. Community Nutrition	6%
	11. Nutrition Through Life Cycle	17%
<b>Total</b>		<b>100%</b>

#### **Note:**

Test specifications and content have been reviewed and updated, therefore pass rates are adjusted accordingly.

**Passing Score:** 60%

This applies for any test conducted as of June 21, 2022 and beyond

- Blueprint distributions of the examination may differ up to +/-5% in each category.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.



### **References:**

1. Understanding Normal and Clinical Nutrition. Sharon Rady Rolfes, Kathryn Pinna, Ellie Whitney, 10<sup>th</sup> Edition (2015), Brooks Cole.
2. Krause's Food and the Nutrition Care Process - Elsevier eBook on Intel Education Study, 14<sup>th</sup> Edition, L. Kathleen Mahan, Janice L Raymond, Sylvia Escott-Stump (2011).
3. Clinical Nutrition, 2<sup>nd</sup> Edition. Marinos Elia, Olle Ljungqvist, Rebecca Stratton, Susan A. Lanham-New. December 2012, ©2013, Wiley-Black.
4. Nutrition and Diagnosis-Related Care, 8<sup>th</sup> Edition, by Sylvia Escott-Stump (2015).
5. Charney, P., Malone, A. (2006) ADA Pocket Guide to Enteral Nutrition. American Dietetic Association.
6. V.A. Vaclavik and E.W. Christian, Essentials of Food Science, 4<sup>th</sup> Edition, Springer Science, New York 2014.
7. ASPEN Guidelines and ESPEN Guidelines

### **Note:**

- This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.