



SAUDI BOARD RESIDENCY TRAINING PROGRAM

PREVENTIVE MEDICINE (COMMUNITY MEDICINE)

Final Examination

Exam Format:

A Saudi board final specialty written examination shall consist of two papers each with 100-125 single best answer Multiple Choice Questions (MCQs). Up to 10% unscored MSQs can be added for calibration purposes.

Passing Score:

The passing score is 70%. However, if the percentage of candidates passing the examination before final approval is less than 70%, the passing score must be lowered by one mark at a time aiming at achieving 70% passing rate or 65% passing score whichever comes first. Under no circumstances can the passing score be reduced below 65%.





Suggested References:

The listed books and online references should cover most of the knowledge required to pass the final Examination. Newly released national or international guidelines within 4 months or less from the date of the exam will not be considered.

Recommended Textbooks:

1. Wallace,R. (2022). Wallace/Maxcy-Rosenau-Last public health & preventive medicine. McGraw-Hill.
2. Joann G. Elmore (2020). Jekel's epidemiology, biostatistics, preventive medicine, and public health. Elsevier
3. Moyses Szklo (2018). Epidemiology: beyond the basics, 4th edition. Jones & Barttlet learning
4. Abhaya Indrayan (2018).Medical biostatistics,4th edition. Taylor & Francis.
5. Joseph LaDou (2019). CURRENT Diagnosis & Treatment Occupational & Environmental Medicine, 6th Edition. McGraw-Hill.
6. Jacob A. David (2024) CURRENT Practice Guidelines in Primary Care,21th edition. McGraw-Hill.
7. Sharon B. Buchbinder(2021). Introduction to healthcare management, 4th edition. Jones & Barttlet learning

Suggested websites and guidelines:

1. www.moh.gov.sa
2. www.cdc.gov
3. www.who.int
4. www.osha.gov
5. www.cancer.org
6. <https://www.uspreventiveservicestaskforce.org/>
7. Saudi clinical preventive guideline:
<https://chi.gov.sa/AboutCCHI/CCHIprograms/Documents/Saudi%20Clinical%20Preventive.pdf>
8. Saudi guideline on prevention and management of obesity:
<https://chi.gov.sa/AboutCCHI/CCHIprograms/Documents/Saudi%20Clinical%20Preventive.pdf>
9. Asthma Pocket Guide for Health Care Professionals:
<https://www.moh.gov.sa/en/Ministry/About/Health%20Policies/Asthma-Pocket-Guide-for-Health-Care-Professionals.pdf>





10. National Heart Center/Saudi Heart Association 2023 Guidelines on the Management of Hypertension: <https://www.j-saudi-heart.com/cgi/viewcontent.cgi?article=1328&context=jsha>
11. National clinical guidelines available at :
<https://chi.gov.sa/AboutCCHI/CCHIprograms/Pages/prog020.aspx>
12. NICE guidelines: www.nice.org.uk
13. American heart association guidelines and statements (primary stroke prevention, cardiovascular diseases risk assessment, cholesterol adult management, lifestyle management to reduce cardiac risk) available at:
<https://professional.heart.org/en/guidelines-and-statements>

Note:

This list is intended for use as a study aid only. SCFHS does not intend the list to imply endorsement of these specific references, nor are the exam questions necessarily taken solely from these sources.





Blueprint Outlines:

No.	Sections	Percentage
1	Epidemiology/Biostatistics /Vital Statistics and Demography	28%
2	Healthcare Management, Quality and Informatics	10%
3	Behavioral and Social Health, Health Education and Promotion	6%
4	Maternal & Child Health	6%
5	Clinical Preventive Medicine	20%
6	Communicable and Non-Communicable Diseases	20%
7	Occupational & Environmental Health	10%
Total		100%

Notes:

- All sections include questions from related academic courses, field and clinical rotations.
- Communicable Diseases / Non-Communicable Diseases section includes questions from the clinical rotations in internal medicine, pediatrics, emergency medicine and psychiatry.
- Blueprint distributions of the examination may differ up to +/-5% in each section.
- Percentages and content are subject to change at any time. See the SCFHS website for the most up-to-date information.
- Research, Ethics, Professionalism, and Patient Safety are incorporated within various domains.

